

E-Therapist Bulletin

**Division of
Developmental
Disabilities**



DEPARTMENT OF ECONOMIC SECURITY

Your Partner For A Stronger Arizona

February 2013

New DDD Assistant Director

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**Click on News & Events at
www.azdes.gov/ddd for all
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Equal Opportunity Employer/Program

Under Titles VI and VII of the Civil Rights Act of 1964 and the Americans with Disabilities Act of 1990 (ADA), Section 504 of the Rehabilitation Act of 1973, and the Age Discrimination Act of 1975, the Department prohibits discrimination in admissions, programs, services, activities, or employment based on race, color, religion, sex, national origin, age, and disability. The Department must make a reasonable accommodation to allow a person with a disability to take part in a program service or activity. For example, this means if necessary, the Department must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that the Department will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program of activity because of your disability, please let us know of your disability needs in advance if at all possible.

To request this document in alternative format or for further information about this policy, contact the Division of Developmental Disabilities ADA Coordinator at (602) 542-6825; TTY/TTD Services: 7-1-1.

Welcome to Dr. Larry L. Latham, Ph.D, FAAIDD, the new Assistant Director for the Arizona Department of Economic Security's Division of Developmental Disabilities (DES/DDD). Dr. Latham assumed his duties on December 3, 2012. He brings over forty years of experience in the field of Developmental Disabilities. He partnered with providers, advocates, and families to develop community programs. The programs served people with developmental disabilities and mental illness. They were located in Alabama, Tennessee and Virginia. Dr. Latham established Alabama's first program for persons dually diagnosed with autism and cognitive disabilities. Most recently, as a Deputy Assistant Commissioner for Developmental Disabilities in the Georgia Department of Behavioral Health, Dr. Latham served as the CEO for a 500 bed state psychiatric hospital. The hospital served persons dually diagnosed with developmental disabilities and mental illness.

We look forward to the leadership Dr. Latham brings to the Arizona Division of Developmental Disabilities.

Arizona Early Intervention Program (AzEIP)

The Arizona Early Intervention Program (AzEIP) announces contracts have been awarded for team-based early intervention services. The new contractors will:

- Implement the AzEIP Initial Planning Process, which includes:
 - ♦ Screening
 - ♦ Evaluation
 - ♦ AzEIP eligibility determination
 - ♦ Coordination with the Department of Economic Security, Division of Developmental Disabilities and/or the Arizona State Schools for the Deaf and Blind (ASDB) regarding agency eligibility
 - ♦ Implement the family and child assessment for AzEIP eligible children and their families
 - ♦ Develop initial Individualized Family Service Plans with families
- Provide early intervention services for families and their children eligible for AzEIP and DES/DDD and/or ASDB.

The new contractors will begin accepting new referrals **March 1, 2013**, a month later than initially announced. The transition from current contractors to new contractors will occur incrementally over an estimated three-month period beginning March 2013. **Current services may remain in place until the transition is complete.** DES/AzEIP, DDD, and ASDB will contact staff, current contractors, and new contractors to initiate transition processes.

New Resources on AzEIP Website

The Team-based Early Intervention Services contract awards are listed on the AzEIP web page. at (www.azdes.gov/azeip).

On the AzEIP page of Updates for the Transition to Team-based Early Intervention Services, at <https://www.azdes.gov/main.aspx?menu=98&id=9634>, you'll find a video from Maureen Casey, a member of the the Interagency Coordinating Council (ICC) and a parent of a child with a disability, talking about team-based early intervention services. Also, when you click on "Updates" on that page, you'll find a Transition Timetable and an Update to the Community on Transition with the most up-to-date information on the timelines and changes coming soon.

On AzEIP's home page (www.azdes.gov/azeip), a map of the new AzEIP regions, showing the different regions and the zip codes that are included in them is posted. (Please note that zip codes do change, and AZEIP will continue to seek to update the maps to match the new designations by the United States Post office!)

Lastly, AzEIP has updated the family rights' brochure for families. Service coordination agencies have been sent information on how to order copies. The new family rights information can be found at: <https://www.azdes.gov/main.aspx?menu=98&id=6039> under "Family Rights."

Co-Treatment

Co-treatment is a service that has two therapists working together to provide therapy. The Division does allow co-treatment as long as it is time limited, approved by the team (the family needs to know as well as Support Coordinator) and reviewed at each 90 day review. It needs to be written into the Planning Document—the Support Coordinator documents the team's decision to do this in a "change of Planning Document".



Pediatric Feeding Institute

Pediatric Feeding Institute-is holding a 2-day course. The focus of this 2 day course is on the Trans-disciplinary Effective Assessment and Treatment (TR-eat) model and integrating oral motor therapy techniques and behavioral management for the treatment of complex eating problems. This model is evidence-based with 10+ years of research supporting outcomes. This course is appropriate for clinicians with all levels of experience. For more information and registration go to www.pediatricfeedinginstitute.com

Training Mealtime Miseries: Management of Complex Feeding Issues

Elizabeth Clawson MS. PhD., LCP, HSPP

Carol Elliott BS, OTR/L

March 8 and 9, 2013

Phoenix Children's Hospital

1919 E. Thomas Road, Phoenix, AZ 85016

Save the date

Upcoming Therapy Provider Meetings

Two Therapy Provider meetings are scheduled. District South is hosting a meeting on February 21st from 3:00 to 5:00 p.m. in the Jeffers Building at CRC (4710 E. 29th St., Tucson, AZ 85712) and Districts Central, East and West will host a meeting from 9:00 a.m. — 12:00 p.m. March 6th at 1700 W. Washington in the Third Floor Conference Room.

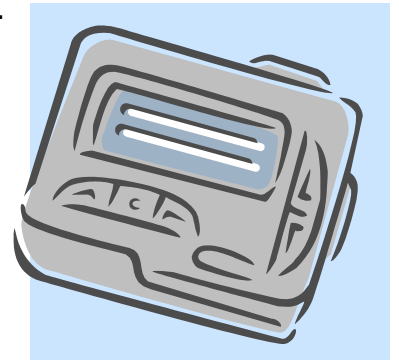
For more information call Miriam Podrazik at 602-542-6962.

Augmentative Communication Device Requests

As a reminder, Speech-Language Pathologists **must** sign and include the therapist's credentials when submitting therapy reports or an Augmentative Communication Device Communication Skills Questionnaire to the Division. If a Speech and Language Pathologist Aide completes the questionnaire, it must be co-signed by the overseeing Speech- Language Pathologist. Please coordinate all Augmentative Communication Evaluation requests and required referral paperwork with the individual's Support Coordinator. The request for an assessment must be added to the individual's Individual Support Plan and agreed upon by the ISP team. The SC will then notify you regarding the information needed.

You will be asked to complete the Communications Skills Questionnaire within 5 business days and submit to the Support Coordinator. If you need more time, please contact the SC to request additional time. The questionnaire must be completed in its entirety with a thorough explanation of the questions asked. The questionnaire must include a narrative explaining why the individual needs an evaluation/reevaluation. We recommend you do not specify the kind of device as the person will have the opportunity to try a variety of devices. The referral is then submitted for an evaluation in order to determine the most appropriate device to best meet the person's communication needs. In addition, you will be asked to submit 6 months of Speech Therapy progress reports if the individual has been receiving speech therapy. If the individual already has an Augmentative Communication Device, the individual's therapy progress reports must reflect its use and include an Aug Com ISP goal.

For more information, contact Beth Gonzales at 602-771-8080 x 8096.



Therapy Coordinator Contact List

District	Therapy Coordinator	Phone / fax	Email	Address
North	Stacey Gastineau	928-753-4868 x3651 928-718-1834	sgastineau@azdes.gov	519 E. Beale Street Kingman, AZ 86401
South	Altagracia Gasque	520-638-2577 520-748-8765	agasque@azdes.gov	4710 E. 29 th Street, Bldg. 5 Tucson, AZ 85712
East	Carmen Sheets	602-771-6560 480-890-7107	csheets@azdes.gov	120 W. 1st Avenue, 2nd Floor Mesa, AZ 85210
West	Ryan Lange	602-771-1620 623-523-0692	rlange@azdes.gov	11526 W. Bell Road Surprise, AZ 85318
Central	Carrie Swearengin	602-771-3170 602-246-0880	cswearengin@azdes.gov	4000 N. Central, Ste. 900 Phoenix, AZ 85012
Statewide Therapy Coordinator	Kathy Hornburg	602-542-6833 602-542-6870	khornburg@azdes.gov	1789 W. Jefferson—4th Floor NW Phoenix, AZ 85007

The Quarterly Progress Report has three new fields: Discharge Planning Summary (page 5), Primary Care Provider Name , date sent (page 6), and Name of Therapy Assistants (page 6).

It's now up on the web, at www.azdes.gov/ddd



Therapy Reminders

Secure Link:

Emails that contain personal health information or any other confidential information must be secured. In an effort to make this process easier, we have included a link to a very simple and free method for you to use to secure your emails to us.

Please use this link when emailing progress reports: https://secure.azdes.gov/secure_contact_us/

Due Dates for Reports:

Quarterly Progress Report due dates now follow the annual calendar quarters plus 15 days:

January, February and March reports are due April 15th

April, May and June reports are due July 15th

July, August and September reports are due October 15th

October, November and December reports are due January 15th

Therapy Reminders, continued

Where to send Quarterly Therapy Progress Notes:

There are two acceptable methods for submitting progress reports to the Division: send them either to the assigned, secured email address or through the US mail. Therapy providers must provide current progress reports including the specific home program to the Division, the family and the physician for service to be considered or reauthorized. All fields in the reports must be filled out, including the start date of therapy.

Needed Progress Report Subject Line Information:

Please make sure that the subject line of the email includes the following information:

Support Coordinator's name (if known), District Office, consumer's first name and last initial.

For example, "SC's name, Consumer's first name and last initial"

Don't forget to use the "secure" process when sending Progress Reports by email



District North - Send reports via secure portal to:

DDDD3ProviderReports@azdes.gov

Via US Mail to:

DES/DDD
Attn: Stacey Gastineau
519 E. Beale Street #155
Kingman, Arizona 86401

District South - Send reports via secure portal to:

DDDD2ProviderReports@azdes.gov

Via US Mail to:

DES/DDD
Attn: Alta Gasque
P.O. Box 13178
Tucson, Arizona 85732-3178

District East - Send reports via secure portal to:

DDDEastProgressReports@azdes.gov

Via US Mail to:

DES/DDD
Attn: Alice Amarillas
120 W. 1st Avenue, 2nd Floor
Mesa, AZ 85210

District West - Send reports via secure portal to:

DDDDWestProgressReports@azdes.gov

Via US Mail to:

DES/DDD
Attn: Marianna Mendoza
11526 W. Bell Road
Surprise, AZ 85378-9801

District Central - Send reports via secure portal to:

DDDCentralProgressReports@azdes.gov

Via US Mail to:

DES/DDD
Attn: Marlo Salas
4000 N. Central—Suite 360
Phoenix, AZ 85012

Bureau of Health Systems Development

FIRST THINGS FIRST EARLY CHILDHOOD THERAPIST INCENTIVES PROGRAM

Purpose:

The First Things First Early Childhood Therapist Incentives Programs have two components: a Loan Repayment Program and a Stipend Program. The purpose of these programs is to provide incentives for Speech/Language Pathologist, Occupational and Physical Therapist, Child Psychologist, and Mental Health Specialist who provides early childhood development services to children birth through age 5 in specified areas of Arizona as determined by the First Things First (FTF) regional councils. Currently, the regional councils that are participating in the FTF Incentives programs are South Phoenix and Navajo Nation.

Eligibility:

- Arizona licensed and/or certified:
 - Physical Therapist
 - Speech/Language Pathologist
 - Occupational Therapist
 - Child Psychologist
 - Mental Health Specialist
- Must be a United States Citizen and Permanent Resident
- Have a valid offer of employment at an eligible service site
- New to the region or newly providing services to children birth through age 5
- Work at least 30 hours per week for a minimum of two years at an approved service site
- Provide early childhood developmental services at eligible regional council zip codes

Award Amounts

An applicant may be eligible for Loan Repayment, Stipend Incentives, or both. The award amounts will be based on the provider's priority ranking. The award is in addition to the compensation package offered by the employer. **Awards are subject to the availability of funding.**

Loan Repayment Program Eligible Providers	Recommended Amounts	
	1 st Year of Service	2 nd Year of Service
Physical Therapist	\$17,500	\$17,500
Speech Language Pathologist	\$12,500	\$12,500
Occupational Therapist	\$12,500	\$12,500
Psychologist	\$12,500	\$12,500
Mental Health Specialist	\$6,250	\$6,250

Application materials located at:

www.ftfincentives.com

Stipend Incentives Program		
Sign on Bonus	12 Month Service Completion	24 Month Service Completion
\$3,000	\$6,500	\$9,500

Arizona
Department of
Health Services

CONTACT INFO: Arizona Workforce Programs ~ Bureau of Health Systems Development ~ Arizona Department of Health Services ~ 150 North 18th Avenue, Suite 300, Phoenix, Arizona 85007 ~ **Phone:** 602.542.1219 ~ **FAX:** 602.542.2011 ~ **Program Manager:** Sherry Haskins, 602.542.2852, sherry.haskins@azdhs.gov



Save the Date

February 16th and 17th, 2013

Marsha Dunn Klein, MEd, OTR/L

"The Get Permission Approach to Sensory Mealttime Challenges"

Sponsored by Mealttime Connections LLC in Tucson, Arizona

*Workshop location: University of Arizona Department of Speech,
Language, and Hearing Sciences Room 205 1131 E. 2nd Street, Tucson, Arizona*

Course Description:

This two day workshop is sponsored by Mealttime Connections, LLC and will be located at the **Department of Speech, Language, and Hearing Sciences in Room 205 at the University of Arizona. Parking is free behind this building.**

This approach to mealtimes and feeding treatment is based on a foundation of trust in a feeding relationship. "Get Permission" supports children who have sensory mealtime challenges to move forward toward mealtime goals with trust enjoyment and confidence. It follows the child's lead with creative and sensitive mealtime treatment strategies.

Objectives:

Define the Get Permission Trust Approach.
List four principles of a successful mealtime.
Define trust in infant and parent feeding roles, from infancy through three years of age.
List anatomical and physiological, and gastrointestinal factors which have influence on mealtime permission.
Define health, appetite, neurological and growth influences on mealtimes.
Define eating as a learned behavior.
Define the importance of non-judgmental, therapeutic vocabulary in parent support.

Additional Objectives:

Describe the importance of hunger/appetite in internal motivation to eat.

Define oral cautiousness vs oral aversion.
Describe the "Get Permission Approach" as it relates to sensory challenges for children and families.

List the sensory channels in the sensory continuum and at least four treatment strategies for each.

Describe the "Get Permission Approach" as it relates to support for tube fed children and their families.

List the transitions plateaus of tube feeding transitions.

Define exploratory and calorie reduction appetite challenges and give three examples.
Describe the "Get Permission Approach" as it relates to support for children who are visually impaired and their families.

Describe the "Get Permission Approach" as it relates to support for children who are on the autism spectrum and their families.
Create and practice setting goals and specific "Get Permission" treatment activities.

Marsha Dunn Klein MEd, OTR/L is a pediatric occupational therapist who specializes in feeding with infants and young children. She has a BS in occupational therapy from Boston University and a Masters of Education from University of Arizona in Special Education with emphasis on Physical Disabilities. She has coauthored PreFeeding Skills, 2nd Edition, Mealttime Participation Guide, and Homemade Blended Formula Handbook (all with Suzanne Evans Morris), and Feeding and Nutrition for the Child with Special Needs (with Tracy Delaney.)

Mealttime Connections, LLC 520-829-9635 FAX 520-829-9636
PO Box 40094, Tucson, AZ 85717 1601 N. Tucson Blvd #6, Tucson, AZ 85716
www.mealttimeconnections.com
INFORMATION: 520-829-9635 sara@mealttimeconnections.com

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February 16, 2013
[Check--in 8 am, workshop 9 am-5 pm]
February 17, 2013
[Check--in 8 am, workshop 8:30am-4:30pm]
One hour lunch on your own each day

"The Get Permission Approach to Sensory Mealttime Challenges"

Join us Today! Please share this flier with your colleagues in occupational therapy, speech therapy, early intervention, dietetics, nursing and psychology.

Parents and caretakers of children with sensory mealtime challenges are welcome.

Continuing Education:

Workshop offers 13 contact hours [1.3 ASHA CEUs, Intermediate Level, Professional Area]. Each registrant should contact their respective organization for awarding of CEU credits.



The Arizona Speech-Language-Hearing Association is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Cost:

\$395 for professionals, offered to parents/students at a discount. Registration received less than 30 days before the workshop will be \$425. If you must cancel your registration, please notify us at least 7 days before and we will issue you a refund minus a \$35 administrative fee. No-shows or cancellations received less than 7 days prior to the course are ineligible for refund. No-shows or cancellations received less than 7 days prior to the course are ineligible for refund.

Mail-in Registration: Get Permission Workshop, February 16th and 17th, 2013, Tucson, AZ

Name _____

Address _____

City _____ State _____ Zip _____

Email _____

Phone(s) _____

Profession _____

Agency _____

May we contact you with announcements of future workshops? ☐ yes ☐ no

Please enclose check for \$395, [or \$425 after January 16, 2013]
payable to Mealttime Connections, LLC.
Mail to Mealttime Connections, LLC, PO Box 40094, Tucson, AZ 85717

Mealttime Connections, LLC 520-829-9635 FAX 520-829-9636
PO Box 40094, Tucson, AZ 85717 1601 N. Tucson Blvd #6, Tucson, AZ 85716
www.mealttimeconnections.com

INFORMATION: 520-829-9635 sara@mealttimeconnections.com

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HOLD THE DATE!!

The Arizona Technology Access Program (AzTAP) and its partners Rehabilitation Services Administration (RSA) and the Arizona Department of Education (ADE) invite you to attend...

The 15th Annual Assistive Technology Summer Institute



Assistive Technology: Catch the Wave

Monday July 8th & Tuesday July 9th, 2013
Arizona Grand Resort & Spa, Phoenix, AZ

GREAT REASONS TO ATTEND THE CONFERENCE:

- **Gain knowledge and skills** at Arizona's only statewide AT conference. Whether you are a beginner or expert, there will be information for you!
- **Speaker Expertise** - You will want to hear what our presenters have to say
- **Large Exhibit Hall** with ample opportunity to interact with AT vendors
- **Continuing Education Contact Hours**
- **Networking Opportunities** - connect with vendors, colleagues; share ideas!
- **The Resort experience is back!** Take advantage of the amenities offered by the Arizona Grand Resort & Spa. At **\$89** per night for this all-suite hotel, combine education with a "staycation". Enjoy the Arizona Grand Resort's waterpark with wave pool & waterslide.
- **Value** - The conference offers a lot of value for the price: learn, eat, network, relax at a fraction of the cost of the national AT conferences.

Registration Fees (include breakfasts, lunches, and snacks)

- **Early Bird registration fee** is only **\$165** if registered by **May 31, 2013**; Regular registration: \$250 after May 31st; \$300 onsite if space is available

On-line registration will be available through the conference link at www.aztap.org

For more information contact **Martha Lewis** at Martha.lewis@nau.edu or 602.766.4670 (v),
800-477-9921, 602-728-9536 (TTY)